



SATURDAY APRIL 28TH, 2018

**ROCKY RIVER HIGH SCHOOL
10505 CLEAR CREEK COMMERCE DRIVE
CHARLOTTE, NC 28227**

COACHES MEETING AT 8:00AM

MEET START TIME AT 8:30AM

REGISTRATION COST: \$15.00 PER ATHLETE

Welcome to the **13th Annual Bring the Heat Invitational**. Due to the growth of the track meet and time restraints at the facility, there is a **"Meet Entry Cap of 1,400 Athletes"** Early registration is highly recommended. Once the meet capacity is reached no other athletes will be added. 12-Under Maximum 3 events and 13-Up Maximum 4 events. Each team will be limited to only 3 Long Jumpers per Age Group. **All registration must be done online at www.Coacho.com**. Deadline for registration is 11:59pm Wednesday April 25th, 2018. **All entry payments have be paid online with a credit card. ABSOLUTELY NO REFUNDS!! IF NO PAYMENT IS RECEIVED YOUR ENTIRES WILL BE REMOVED.** MEET DIRECTOR: Coach Will Bringheatinvite@hotmail.com or 704-906-0160. Athletes must have on their "Bib Number" to Compete. FAT Timing with "Live Results" No tape decks, radios or glass containers allowed at the facility. No add-ons the day of the meet. www.Charlotteheattc.com has previous year's meet results, meet records, and Live Results link during the meet.

Follow Us for Track Meet Updates and Photos



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Go to WWW.CHARLOTTEHEATTC.COM for "LIVE RESULTS"

	6 & Under Pee-Wee	7-8 Sub-Bantam	9-10 Bantam	11-12 Midget	13-14 Youth	15-18 High School
100 Meters	X	X	X	X	X	X
200 Meters	X	X	X	X	X	X
400m Meters		X	X	X	X	X
800 Meters		X	X	X	X	X
1500 Meters		X	X	X	X	X
4x100 Co-Ed Relay	X					
4x100 Relay		X	X	X	X	X
Shot Put		X	X	X	X	X
High Jump			x	x	x	x
Discus				X	X	X
Long Jump		X	X	X	X	X

Event Rolling Schedule

Start time is 8:30am

1500m

100m

400m

200m (6-under Timed finals)

200m (7-up Semi-finals)

800m

200m Finals

4x100 Relay

Presentation of Team Trophies

Field Event

First call at 9:00am

Shot Put (Youngest to Oldest)

Discus (Oldest to Youngest)

Long Jump (Youngest to Oldest)

High Jump (Oldest to Youngest)

AWARDS

TEAM AWARDS for 1st – 3rd PLACE DIVISIONS: Small-Medium-Large Teams

Team Division size will be determined once all entries are complete

**Custom designed "3" Bring The Heat Invitational Medals will be given to the Top 3 Places
and Ribbons for 4th & 5th place**

A Trophy will be Awarded to any Team or Athlete that Breaks a Meet record!!

Top 8 individual event finisher's points will be added for team score

AGE DIVISIONS

6 & Under (Pee-Wee)

7 -8 (Sub-Bantam)

9-10 (Bantam)

11-12 (Midget)

13-14 (Youth)

15-18 (High School)

- **ATHLETES WILL ONLY BE ALLOWED 3 ATTEMPTS FOR ALL FIELD EVENTS.**
- **PEE-WEE'S 4X100 RELAY IS THE ONLY EVENT THAT CAN COMBINE GENDERS.**
- **RELAYS DIVISIONS: 7-8, 9-10, 11-12, 13-14, 15-18**
- **ALL EVENTS ARE TIMES FINALS "EXCEPT THE 200M"**

Heat Assignments

**Due to the fact that all events are timed finals, heats will be assigned according to time.
Please be sure to list your athlete's fastest time when entering entries or "NM" for no mark.**

Tent Space

No tents will be allowed past the top six rows of the bleachers. There will be plenty of tent space around the track to setup.

Hotel Options

Coming Soon...