2019 AAU JUNIOR OLYMPIC GAMES NORTH CAROLINA A&T UNIVERSITY, GREENSBORO, NC MULTI-EVENT/TRACK & FIELD MEET SCHEDULE

YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED BELOW IS SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE.

CLASSIFICATION

8&UG - 8 and under (2011 & After)	12B - 12 years old (2007)
8&UB - 8 and under (2011 & After)	13G – 13 years old (2006)
9G - 9 years old (2010)	13B – 13 years old (2006)
9B - 9 years old (2010)	14G - 14 years old (2005)
10G - 10 years old (2009)	14B - 14 years old (2005)
10B - 10 years old (2009)	15-16G - 15-16 years old (2003-2004)
11G - 11 years old (2008)	15-16B - 15-16 years old (2003-2004)
11B - 11 years old (2008)	17-18G - 17-18 years old (2001-2002)
12G - 12 years old (2007)	17-18B- 17-18 years old (2001-2002)

Q = Quarterfinals

S = Semifinals

TF = Timed Final

 $\mathbf{F} = \mathbf{Finals}$

MULTI-EVENTS/RACEWALK SATURDAY, JULY 27

TIME	EVENT/AGE GRO	DUP	RACE
8:00 AM	Decathlon	15-16B (Day 1)	100M, LJ, SP, HJ, 400M
8:15 AM	Pentathlon	13G (Finals)	100M Hurdles SP, HJ, LJ, 800M
8:30 AM	Pentathlon	13B (Finals)	100M Hurdles, SP, HJ, LJ, 1500M
9:00 AM	Decathlon	17-18B (Day 1)	100M, LJ, SP, HJ, 400M
10:30 AM	Heptathlon	15-16G (Day 1)	100M Hurdles, HJ, SP, 200M
10:45 AM	Heptathlon	17-18G (Day 1)	100M Hurdles, HJ, SP, 200M
11:00 AM	Pentathlon	14G (Finals)	100M Hurdles, SP, HJ, LJ, 800M
11:30 AM	Pentathlon	14B (Finals)	100M Hurdles, SP, HJ, LJ, 1500M
12:00 PM 2:00 PM		lk (9G, 9B, 10G, 10B) lk (11G, 11B, 12G, 12B)	TF TF
2:00 PM	1500M Racewa	lk (11G, 11B, 12G, 12B) SUNDAY, JULY 28	TF
2:00 PM <i>TIME</i>	1500M Racewa EVENT/AGE GR	uk (11G, 11B, 12G, 12B) <u>SUNDAY, JULY 28</u> OUP	TF <i>RACE</i>
2:00 PM	1500M Racewa <i>EVENT/AGE GR</i> Heptathlon	ulk (11G, 11B, 12G, 12B) <u>SUNDAY, JULY 28</u> OUP 15-16G (Day 2)	TF <i>RACE</i> LJ, Jav, 800M
2:00 PM <i>TIME</i>	1500M Racewa <i>EVENT/AGE GR</i> Heptathlon Heptathlon	ulk (11G, 11B, 12G, 12B) <u>SUNDAY, JULY 28</u> <i>OUP</i> 15-16G (Day 2) 17-18G (Day 2)	TF <i>RACE</i> LJ, Jav, 800M LJ, Jav, 800M
2:00 PM <i>TIME</i>	1500M Racewa <i>EVENT/AGE GR</i> Heptathlon	ulk (11G, 11B, 12G, 12B) <u>SUNDAY, JULY 28</u> OUP 15-16G (Day 2)	TF <i>RACE</i> LJ, Jav, 800M
2:00 PM <i>TIME</i>	1500M Racewa <i>EVENT/AGE GR</i> Heptathlon Heptathlon Pentathlon	Alk (11G, 11B, 12G, 12B) <u>SUNDAY, JULY 28</u> <i>OUP</i> 15-16G (Day 2) 17-18G (Day 2) 11G, 12G (Finals)	TF <i>RACE</i> LJ, Jav, 800M LJ, Jav, 800M 80M Hurdles, SP, HJ, LJ, 800M
2:00 PM <i>TIME</i> 8:00 AM	1500M Racewa <i>EVENT/AGE GR</i> Heptathlon Heptathlon Pentathlon Triathlon	Alk (11G, 11B, 12G, 12B) <u>SUNDAY, JULY 28</u> <i>OUP</i> 15-16G (Day 2) 17-18G (Day 2) 11G, 12G (Finals) 9B, 10B (Finals)	TF <i>RACE</i> LJ, Jav, 800M LJ, Jav, 800M 80M Hurdles, SP, HJ, LJ, 800M HJ, SP, 400M
2:00 PM <i>TIME</i> 8:00 AM 8:15 AM	1500M Racewa <i>EVENT/AGE GR</i> Heptathlon Pentathlon Triathlon Pentathlon Decathlon Decathlon	Alk (11G, 11B, 12G, 12B) SUNDAY, JULY 28 OUP 15-16G (Day 2) 17-18G (Day 2) 11G, 12G (Finals) 9B, 10B (Finals) 11B, 12B (Finals) 15-16B (Day 2) 17-18B (Day 2)	TF <i>RACE</i> LJ, Jav, 800M LJ, Jav, 800M 80M Hurdles, SP, HJ, LJ, 800M HJ, SP, 400M 80M Hurdles, SP, HJ, LJ, 1500M 110M Hurdles, D, PV, Jav, 1500M
2:00 PM <i>TIME</i> 8:00 AM 8:15 AM 8:30 AM	1500M Racewa <i>EVENT/AGE GR</i> Heptathlon Pentathlon Triathlon Pentathlon Decathlon	Alk (11G, 11B, 12G, 12B) <u>SUNDAY, JULY 28</u> 20UP 15-16G (Day 2) 17-18G (Day 2) 11G, 12G (Finals) 9B, 10B (Finals) 11B, 12B (Finals) 15-16B (Day 2)	TF <i>RACE</i> LJ, Jav, 800M LJ, Jav, 800M 80M Hurdles, SP, HJ, LJ, 800M HJ, SP, 400M 80M Hurdles, SP, HJ, LJ, 1500M 110M Hurdles, D, PV, Jav, 1500M
2:00 PM <i>TIME</i> 8:00 AM 8:15 AM 8:30 AM 9:30 AM	1500M Racewa <i>EVENT/AGE GR</i> Heptathlon Pentathlon Triathlon Pentathlon Decathlon Decathlon Triathlon	Alk (11G, 11B, 12G, 12B) SUNDAY, JULY 28 OUP 15-16G (Day 2) 17-18G (Day 2) 11G, 12G (Finals) 9B, 10B (Finals) 11B, 12B (Finals) 15-16B (Day 2) 17-18B (Day 2) 9G, 10G (Finals)	TF <i>RACE</i> LJ, Jav, 800M LJ, Jav, 800M 80M Hurdles, SP, HJ, LJ, 800M HJ, SP, 400M 80M Hurdles, SP, HJ, LJ, 1500M 110M Hurdles, D, PV, Jav, 1500M HJ, SP, 200M
2:00 PM <i>TIME</i> 8:00 AM 8:15 AM 8:30 AM	1500M RacewaEVENT/AGE GRHeptathlonHeptathlonPentathlonTriathlonPentathlonDecathlonDecathlonTriathlon3000M Racewa	Alk (11G, 11B, 12G, 12B) SUNDAY, JULY 28 OUP 15-16G (Day 2) 17-18G (Day 2) 11G, 12G (Finals) 9B, 10B (Finals) 11B, 12B (Finals) 15-16B (Day 2) 17-18B (Day 2)	TF <i>RACE</i> LJ, Jav, 800M LJ, Jav, 800M 80M Hurdles, SP, HJ, LJ, 800M HJ, SP, 400M 80M Hurdles, SP, HJ, LJ, 1500M 110M Hurdles, D, PV, Jav, 1500M

• All events will be run in the order listed above. If there are changes, there will be a revised schedule at Athlete Check-in.

The 15-16B and 17-18B Pole Vaulters will compete on separate pits. Starting height will be 8' and 8'6' respectively.

• All events will be contested approximately 30 minutes after the preceding event is completed. The 30-minute rest period will include rest, food, measuring steps, and warm-up. Be ready.

EVENT SCHEDULE - TRACK & FIELD MONDAY, JULY 29

RUNNING EVENT SCHEDULE

TIME	EVENT/AGE GROUP	RACE
8:00 AM	3000M Run (11G, 11B, 12G, 12B)	TF
10:00 AM	400M Hurdles (15-16B, 17-18B, 15-16G, 17-18G)	SF
	200M Hurdles (13G, 13B, 14G, 14B)	SF
12:15 PM	800M Run (13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G,17-18B)	SF
3:00 PM	200M Dash (8&UG, 8&UB, 9G, 9B, 10G, 10B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 12	QF 5-16B)
8:20 PM	200M Dash (DURING OPENING CEREMONIES) (11G,11B, 17-18G, 17-18B)	

FIELD EVENT SCHEDULE

TIME	EVENT	AGE GROUP	PIT/RING #
8:00 AM	Long Jump	14G	Pit 1
	Long Jump	14B	Pit 2
	Discus	13B	
	Shot Put	14G	Rings 1 & 2
	Shot Put	14B	Rings 3 & 4
	Javelin	13G	
9:00 AM	High Jump	15-16G	Pads 1, 2 & 3
	Pole Vault	13B	Pad 1
12:00 PM	Long Jump	17-18G	Pit 1
	Long Jump	17-18B	Pit 2
	High Jump	12B	Pads 1, 2 & 3
	Shot Put	9G	Rings 1 & 2
	Shot Put	9B	Rings 3 & 4
	Discus	11G	
	Javelin	15-16B	
1:00 PM	Pole Vault	14B	Pad 1
3:00 PM	High Jump	10G	Pad 1, 2 & 3
	Shot Put	8&UG	Rings 1 & 2
	Shot Put	8&UB	Rings 3 & 4

EVENT SCHEDULE - TRACK & FIELD TUESDAY, JULY 30

RUNNING EVENT SCHEDULE

TIME	EVENT/AGE GROUP	RACE
8:00 AM	1500M Run (13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)	TF
11:00 AM	400M Hurdles (15-16B, 17-18B, 15-16G, 17-18G)	F
	200M Hurdles (13G, 13B, 14G, 14B)	F
11:30 AM	100M Dash (All Divisions)	QF
2:15 PM	400M Run (8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B)	SF

FIELD EVENT SCHEDULE

TIME	EVENT	AGE GROUP	PIT/RING #
8:00 AM	Long Jump Long Jump Discus	9G 9B 17-18G	Pit 1 Pit 2
	Shot Put Shot Put	10G 10B	Rings 1 & 2 Rings 3 & 4
	Turbo Javelin	12B	Kings 5 & 4
9:00 AM	High Jump Pole Vault	13B 13G	Pads 1, 2 & 3 Pad 1
12:00 PM	Discus High Jump Long Jump Shot Put Shot Put Javelin	12G 11B 12G 12B 11G 15-16B 13B	Pads 1, 2 & 3 Pit 1 Pit 2 Rings 1 & 2 Rings 3 & 4
1:00 PM	Pole Vault	14G	Pad 1
3:00 PM	High Jump Shot Put Shot Put Discus Triple Jump Triple Jump	9G 15-16G 11B 14B 15-16G 15-16B	Pads 1, 2 & 3 Rings 1 & 2 Rings 3 & 4 Pit 1 Pit 2

EVENT SCHEDULE - TRACK & FIELD WEDNESDAY, JULY 31

RUNNING EVENT SCHEDULE

TIME	EVENT/AGE GROUP	RACE
8:00 AM	2000M Steeplechase (15-16G, 17-18G, 15-16B, 17-18B)	F
9:30 AM	800M Run (8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B)	TF
1:00 PM	800M Run (13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)	F
1:30 PM	200M Dash (All Divisions)	SF
2:15 PM	80M Hurdles (11G, 11B, 12G, 12B)	SF
	100M Hurdles (13G, 14G, 13B, 14B, 15-16G, 17-18G)	SF
	110M Hurdles (15-16B, 17-18B)	SF
4:00 PM	4 x 400M Relay (9-10G, 9-10B, 11-12G, 11-12B)	SF

FIELD EVENT SCHEDULE

<i>TIME</i> 8:00 AM	<i>EVENT</i> Triple Jump Discus Shot Put Shot Put Turbo Javelin	AGE GROUP 14G 14B 15-16B 13G 17-18B 12G	<i>PIT/RING #</i> Pit 1 Pit 2 Rings 1 & 2 Rings 3 & 4
9:00 AM	High Jump	17-18B	Pads 1, 2 & 3
	Pole Vault	15-16G	Pad 1
12:00 PM	Discus Triple Jump Triple Jump High Jump Shot Put Shot Put Javelin	14G 17-18G 17-18B 14G 17-18G 13B 14B	Pit 1 Pit 2 Pads 1, 2 & 3 Rings 1 & 2 Rings 3 & 4
3:00 PM	High Jump	13G	Pads 1, 2 & 3
	Shot Put	12G	Rings 1 & 2
	Shot Put	12B	Rings 3 & 4

EVENT SCHEDULE - TRACK & FIELD THURSDAY, AUGUST 1

RUNNING EVENT SCHEDULE

TIME	EVENT/AGE GROUP	RACE
8:00 AM	1500M Run (8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B)	TF
11:30 AM	80M Hurdles (11G, 11B, 12G, 12B)	F
	100M Hurdles (13G, 14G, 13B, 14B, 15-16G, 17-18G)	F
	110M Hurdles (15-16B, 17-18B)	F
12:15 PM	100M Dash (All Divisions)	SF
1:00 PM	4 x 400M Relay (13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B)	SF

FIELD EVENT SCHEDULE

TIME	EVENT	AGE GROUP	PIT/RING/PAD
8:00 AM	Long Jump Long Jump Discus Javelin Turbo Javelin	13G 13B 17-18B 15-16G 9B	Pit 1 Pit 2
9:00 AM	High Jump Pole Vault	17-18G 15-16B	Pads 1, 2 & 3 Pad 1
12:00 PM	High Jump Long Jump Long Jump Discus Javelin Turbo Javelin	12G 15-16G 15-16B 12B 14G 9G	Pads 1, 2 & 3 Pit 1 Pit 2
3:00 PM	High Jump	10B	Pads 1, 2 & 3

EVENT SCHEDULE - TRACK AND FIELD

FRIDAY, AUGUST 2

TIME	EVENT/AGE GROUP	RACE
8:00 AM	4 x 800M Relay (11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B)	TF
10:30 AM	200M Dash (ALL DIVISIONS)	F
11:00 AM	4 x 100M Relay (All Divisions)	SF
2:00 PM	400M Dash (13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)	SF

FIELD EVENT SCHEDULE

RUNNING EVENT SCHEDULE

TIME	EVENT	AGE GROUP	PIT/RING #
8:00 AM	Long Jump Long Jump Discus Javelin Turbo Javelin	11B 11G 15-16G 17-18B 11B	Pit 1 Pit 2
9:00 AM	High Jump Pole Vault	15-16B 17-18G	Pads 1, 2 & 3 Pad 1
12:00 PM	High Jump Long Jump Long Jump Discus Javelin Turbo Javelin	14B 10B 10G 13G 17-18G 8&UG	Pads 1, 2 & 3 Pit 1 Pit 2
3:00 PM	High Jump	11G	Pads 1, 2 & 3

EVENT SCHEDULE - TRACK AND FIELD

SATURDAY, AUGUST 3

RUNNING EVENT SCHEDULE

<i>TIME</i> 8:00 AM	EVENT/AGE GROUP 3000M (13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)	RACE TF
12:15 PM	4 x 100M Relay (All Divisions)	F
1:00 PM	AAU Coach of the Year Award AAU Club of the Year Award	
1:15 PM	400M Dash (All Divisions)	F
2:00 PM	AAU Special Recognition	
2:15 PM	100M Dash (All Divisions)	F
2:45 PM	AAU Joel Ferrell Award Recognition	
3:15 PM	4 x 400M Relay (9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 2	F 17-18B)

FIELD EVENT SCHEDULE

<i>TIME</i> 8:00 AM	EVENT Long Jump Long Jump Discus Turbo Javelin Turbo Javelin	AGE GROUP 8&UB 8&UG 11B 10B 8&UB	<i>PIT/RING #</i> Pit 1 Pit 2
9:00 AM	High Jump Pole Vault	9B 17-18B	Pads 1, 2 & 3 Pad 1
11:30 AM	Turbo Javelin Turbo Javelin Triple Jump Triple Jump	11G 10G 13G 13B	Pit 1 Pit 2