



SATURDAY APRIL 26TH, 2014

**ROCKY RIVER HIGH SCHOOL
10505 CLEAR CREEK COMMERCE DRIVE
CHARLOTTE, NC 28227**

**COACHES MEETING AT 8:00AM
MEET START TIME AT 8:30AM**

REGISTRATION COST: \$11.00 PER ATHLETE

Live Results, Medals, Online Payments, and Trophy for any team or athlete that breaks a BTH meet record!!! "New Sprint Medley 100m, 100m, 200m, 400m"

12-under maximum 3 events. 13-up maximum 4 events. All registration must be done online at www.Coacho.com. Deadline for registration is 11:59pm Wednesday April 23th, 2014. All payments must be paid online when you register. **ABSOLUTELY NO REFUNDS!! IF NO PAYMENT IS RECEIVED YOUR ENTRIES WILL BE REMOVED.**

MEET DIRECTOR: Coach Will (Bringtheheatinvite@hotmail.com) 704-906-0160

Facilities: 400m synthetic rubber track surface. **Finish Lynx FAT Timing.** No tape decks, radios or glass containers allowed at the facility.

Due to the fact that all events will be digital timed there will be no add-ons the day of the meet.

www.Charlotteheattc.com Website also has previous year's meet results and meet records

AWARDS

TEAM AWARDS for 1st – 3rd PLACE

DIVISIONS: Small-Medium-Large Teams

Team Division size will be determined once all entries are complete

**Individual Medals will be given to Top 3 and ribbons for 4th & 5th place
Trophy will be awarded to any team or athlete that breaks a BTH meet record!!**

Top 8 individual event finishers' points will be added for team score

	6 & Under	7-8	9-10	11-12	13-14	15-18
50 Meters	X					
200 Meters		X	X	X	X	X
300 Meters	X					
400 Meters		X	X	X	X	X
800 Meters		X	X	X	X	X
1500 Meters			X	X	X	X
Sprint Medley			X	X	X	X
4x100 Mixed Relay	X					
4x100 Relay		X	X	X	X	X
Shot Put		X	X	X	X	X
Discus				X	X	X
Long Jump		X	X	X	X	X

Event Schedule

Start time is 8:30am

**“New” Sprint Medley Relay
(100m, 100m, 200m, 400m)**

50m (6-under)

200m (Semi-Finals)

1500m

200m (Finals)

300m (6-under)

400m

800m

** (Pee-Wee Co-ed) ** 4x100m Relay
4x100m Relay

Field Event (First call at 9:00am)

Shot Put (Youngest to Oldest)

Discus (Oldest to Youngest)

Long Jump (Youngest to Oldest)

AGE DIVISIONS

6 & Under Pee-Wee
7-8 Sub-Bantam
9-10 Bantam
11-12 Midget
13-14 Youth
15-18 High School

- o **ATHLETES WILL ONLY BE ALLOWED 3 ATTEMPTS FOR ALL FIELD EVENTS.**
- o **PEE-WEES 4X100 RELAY IS THE ONLY EVENT THAT CAN COMBINE GENDERS.**
- o **RELAYS DIVISIONS: 7-8, 9-10, 11-12, 13-14, 15-18**
- o **ALL EVENTS ARE TIMED FINALS "EXCEPT THE 200M"**

Heat Assignments

Due to the fact that all events are timed finals, heats will be assigned according to time. Please be sure to list your athlete's fastest time when entering entries.

Tent Space

No tents will be allowed past the top six rows of the bleachers. There will be plenty of tent space around the track to setup.

Directions to Track

From High Point/Greensboro/Raleigh-Durham/Virginia:

Take I-85 South toward Charlotte. Get off at exit 48 to merge onto I-485 S toward Rock Hill. Drive about 12 miles to exit 43 for NC 51 toward Mint Hill. Turn left onto Blair Road. Drive back over I-485 about 1-2 miles. Turn left onto Allen station Drive. When approaching Clear Creek Commerce Dr bare right and follow the Visitors Parking sign to the track.

From Winston-Salem area:

Take 52 South to I-85 South toward Charlotte. Get off at exit 48 to merge onto I-485 S toward Rock Hill. Drive about 12 miles to exit 43 for NC 51 toward Mint Hill. Turn left onto Blair Road. Drive back over I-485 about 1-2 miles. Turn left onto Allen station Drive. When approaching Clear Creek Commerce Dr bare right and follow the Visitors Parking sign to the track.

From Spartanburg, South Carolina/ Atlanta, Georgia area:

Take I-85 North toward Charlotte. Take the I-485 South Exit, Exit 30, toward I-77 South/Pineville/Statesville. Take the I-485 Outer S exit toward I-77 South/Columbia. Merge onto I-485. Stay on I-485 for about 26 miles. Take exit 43 for NC 51 toward Mint Hill. Turn right onto Blair Road. Drive down about 1-2 miles and Turn left onto Allen station Drive. When approaching Clear Creek Commerce Dr bare right and follow Visitors Parking sign to the track

From Columbia, SC Area:

Take I-77 North toward Charlotte. Merge onto I-485 East via Exit 1 toward Pineville. . Stay on I-485 for about 26 miles. Take exit 43 for NC 51 toward Mint Hill. Turn right onto Blair Road.

Drive down about 1-2 miles and Turn left onto Allen station Drive. When approaching Clear Creek Commerce Dr bare right and follow Visitors Parking sign to the track

From Rockingham/Monroe Area:

Drive on US-74 toward Charlotte. Merge onto I-485 East toward Greensboro. Drive about 8 miles. Take exit 43 for NC 51 toward Mint Hill. Turn right onto Blair Road. Drive down about 1-2 miles and Turn left onto Allen station Drive. When approaching Clear Creek Commerce Drive bare right and follow Visitors Parking sign to the track

From Tennessee/Asheville area:

Take I-40 East towards Winston-Salem. Take I-77 South towards Charlotte. Merge onto I-85 North. Get off at exit 48 to merge onto I-485 S toward Rock Hill. Drive about 12 miles to exit 43 for NC 51 toward Mint Hill. Turn left onto Blair Road. Drive back over I-485 about 1-2 miles. Turn left onto Allen station Drive. When approaching Clear Creek Commerce Dr bare right and follow the Visitors Parking sign to the track.