



***NORTH CAROLINA DISTRICT CHAMPIONSHIPS***  
***High Point Park & Recreation***  
**2920 School Park Road**  
High Point, NC  
***June 5 & 6, 2021***

**MEET HOST:** GASTONIA EAGLES TRACK & FIELD TEAM, INC.

**MEET DIRECTOR:** Freddie Crawford / 704-231-2118 / freddiesea@att.net

**ELIGIBILITY REQUIREMENTS:** Competition is open to all boys and girls who have a valid/current AAU registration card. AAU membership fee is not included in the NCAAU District Qualifier entry fee and must be obtained prior to participation in this meet.

**EVENT LIMITS:** There is a three (3) event maximum for the 5&6, 7&8, 9 years, 10 years, 11 years, 12 years divisions. 13 years, and 14 years. The 15-16 years, 17-18 years divisions may participate in a maximum of 4 events. 19-22 no relays

\*Maximum includes relay and field events

\*Relay team members must be declared with alternates

\*All relay team members must be affiliated with one team.

**AGE DIVISION**

5&6

7&8 Under 2014 & after

9 years- 2013

10 years-2012

11 years-2011

12 Years-2010

13 Years-2009

14 Years-2006

15-16 Years-2006-2007

17-18 Years-2004-2005

19-22

**ENTRY FEE:** An entry fee of \$20.00 per athlete for track & field.

**REGISTRATION:** [www.coacho.com](http://www.coacho.com) –Registration close on Tuesday June 1, 2021 at 12 Midnight.

\*No entry fee will be transferred or refunded.

\*There will be no entries or changes after 12 midnight on June 1, 2021

**LODGING:** Visit [www.ncauathletics.org](http://www.ncauathletics.org) for hotel information.

**AWARDS:** Medals will be given to the top 3 finishers in each event.

**TEAM & ATHLETE COMPETITORS** must compete in the District Qualifier and National Qualifier in their assign area.

**ADVANCEMENT:** This District Qualifier is an advancement meet. Athletes must compete in and AAU License District Qualifier in order to be eligible to compete in National Qualifier Meet. THE TOP 16 FINISHERS IN EACH EVENT WILL ADVANCE TO THE REGIONAL QUALIFIER upon declaration. The AAU Region 25 Regional Qualifier at Olympic High School, Charlotte, NC

**\*A ATHLETE MAY ONLY ADVANCE TO THE REGIONAL QUALIFIER IN THE EVENT(S) IN WHICH HE OR SHE QUALIFIED AT THE DISTRICT.**

**SAT/ACT WAIVERS:** An athlete schedule to take a college entrance exam will be waived into the Regional Qualifier by downloading the waiver form at [aaathletics.org](http://aaathletics.org) then emailing waiver to [aaawaivers@aausports.org](mailto:aaawaivers@aausports.org) Athletes must enter on-line and pay the District Qualifier entry fee before the waiver request will be granted.

**REGISTRATION:** [www.coacho.com](http://www.coacho.com) Deadline for entering the AAU Regional 25 for Multi Events and Track & Field is Sunday June 20st midnight.

**PARKING:** Parking for teams and spectators will in Campus Parking lots only. No parking on grass, sidewalks or beside roads entering school property. Buses will be directed to bus parking lot.

**COACHES ADMISSION:** Teams will be given coaches passes for every 10 athletes participating in the meet up to a maximum of 5.

**ADMISSION:** \$5.00 Children Under 6 Free

**PACKAGE PICK UP:** Home Side Entrance

**DATES:**  
Friday, June 4: Package Pickup 5pm to 8pm  
Saturday, June 5: Package Pickup 7am to 4pm  
Sunday, June6: Package Pickup 7am to 12pm

**SCHEDULE:** Schedule is tentative and it may change depending on the number of athletes that enter this meet. Events may run up to and hour ahead of schedule. Please listen for events being called. Age groups of like gender may be combined in distance races/walks which have minimal participation.  
**Running Events schedule on Saturday with 8 or less will be ran as finals on Saturday**

**PROOF OF AGE:** Proof of age may be required at District, National Qualifier and National Championship events and must be provided whenever required and or challenged. These are the acceptable forms of verification; original birth certificates, notarized original birth certificate, US military Government ID card, valid passport (not expired) and a valid US driver's license.

**COACHED EDUCATION:** The AAU National Office is happy to announce to its members FREE coaches Education for all AAU Non-Athletes. This exciting program is MANDATORY for all AAU Non-Athletes and will be administered by Positive Coaching Alliance (PCA). Please visit [www.aausports.org](http://www.aausports.org) and click on JOIN NOW in order to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

**ATHLETE CHECK-IN:** It is the responsibility of track athletes to hear the call of their event and report to the Clerk of the Course. Field event athletes should report directly to field event venue.

**THROWING IMPLEMENTS:** Athletes failing to bring their throwing implements will be allowed to use ncaau association implements when available.

Athletes who bring their implements that fail inspections will be allowed to compete with ncaau implements. All implements must be checked prior to competition. Implement check-in will occur in the Olympic High School Field House. All implements once verified are impounded and will not be released by to athlete until that competition has been completed

**PROTESTS:** Protest relating to meet matters must be made in writing stating the rule questioned in the USATF rule book. All protest must be made to the referee within 30 minutes after results are posted to be considered. Protest in writing must be accompanied with a \$50.00 cash protest fee. The Referee shall consider all available official evidence. Once Referee renders his/her decision, protester

may request and appeal to the Jury of Appeals. The Jury's decision is final. If protest is denied, cash deposit will be forfeited. The referee and or Jury of Appeals will not accept protest concerning

**JUDGEMENT CALLS.**

Judgement calls are not protestable

**Coaches who are cheating in any form will be subject to a 2 year ban from AAU**

**License**

- This event is license by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

Running Events will start at 9:00am and run on a rolling Schedule

All Field Events will start at 9:00am On Saturday and Sunday

**ORDER OF EVENTS**

**Saturday June 5, 2021**

3000 Meters	11G,11B,12G,12B,13G,13B,14G,14B,15,16G,15,16B 17,18W,17,18M,19-22G, 19-22B Timed Finals	
100 m Dash	ALL AGE DIVISIONS	Semi-Finals
1500 m Race Walk	9G,9B,10G,10B,11G,11B,12G,12B	Timed Finals
80 m Hurdles	11G,11B,12G,12B	Semi Finals
100 m Hurdles	13G,14G,13B,14B,15,16G,17,18W, 11-22G	Semi Finals
110 m Hurdles	15,16B,17,18M, 19-22B	Semi Finals
800 m Run	ALL AGE DIVISIONS	Timed Finals
200 m Dash	ALL AGE DIVISIONS	Semi Finals
4x800 m relay	11,12G,11,12B.,13,14G,13,14B,15,16G,15,16B, 17,18G,17,18B	Timed Finals
4x100 m Relay	5&6G, 5&6B,7&8G,7&8B,9,10G,9,10B.11,12G,11,12B,13,14G,13,14B 15,16G,15,16B,17,18G,17,18M	Timed Finals

**Field Events**

**Saturday June 5, 2021**

Shot Put ) (15,16B,17,18M)(13B,14B,15,16G,17,18W)  
(10G,10B,11G,11B,12G,12B,13G,14G (8&UG,8&UB,9G,9B)

Turbo Javelin	<sup>1.6kg</sup> <u>7,8,9,10,11,12</u> <sub>300g</sub>			
High Jump	<u>17,18W,17,18M</u>	<u>15,16G,15,16B</u>	<u>14G,14,B</u>	<u>13G,13B</u>

Long Jump

ALL AGE DIVISIONS YOUNGER TO OLDER

**Sunday June 6, 2021**

3000 m Racewalk	13G,13B,14G,14B,15,16G,15,16B,17,18W,17,18M	
Timed Finals		
400 m Dash	ALL AGE DIVISIONS	Timed Finals
100 m Dash	ALL AGE DIVISIONS	Finals
200 m Hurdles	13G,13B,14B,14G 5 @ 30"	Timed Finals
400 m Hurdles	15,16G,17,18W ,19-22G	10 @ 30"
Timed Finals		
400 m Hurdles	15,16B,17,18M ,19-22	10 @ 36"
Timed Finals		
1500 m Run	ALL AGE DIVISIONS	Timed Finals
80 m Hurdles	11G,11B,12G,12B	Finals
100 m Hurdles	13G,14G,13B,14B,15,16G,17,18W 19-22G	
Finals		
110 m Hurdles	15,16B,17,18M,19-22B	
Finals		
200 m Dash	ALL AGE DIVISIONS	Finals
4x400 m Relay	9,10G,9,10B,11,12G,11,12B,13,14G,13,14B,15,16G,15,16B 17,18W,17,18M	Timed Finals

**Field Events**

**Sunday June 6, 2021**

Discus	<u>11G,12G</u> 1.0kg	<u>11B,12B</u> 1.0kg	<u>13G,14G</u> 1.0kg	<u>13B,14B</u> 1.0kg	<u>15,16G,17,18W</u> 1.0kg
	<u>15,16B,17,18M</u>				
Javelin	<u>13G,14G</u> 600 g	<u>13B,14B</u> 600 g	<u>15,16G,17,18W</u> 600 g	<u>15,16B,17,18W</u> 800 g	
High Jump	11G, 11B,12G,12B,9G,9B,10G,10B				
Triple Jump	13G,13B,14G,14B,15,16G,15,16B,17,18W,17,18M,19-22G, 19-22B				

.All horizontal jumps and throws are limited to four (4) attempts  
An athlete who must leave for another event must check in with that Event Official prior to leaving, they may request all of their attempt in succession.  
Running events with 8 or less participants on Saturday will be ran as finals on Saturday