

	7 – 8		9 – 10		11 – 12		13 – 14		15 - 18	
EVENTS	G	B	G	B	G	B	G	B	G	B
100	X	X	X	X	X	X	X	X	X	X
200	X	X	X	X	X	X	X	X	X	X
400	X	X	X	X	X	X	X	X	X	X
800	X	X	X	X	X	X	X	X	X	X
Hurdles	-	-	-	-	80	80	100	100	100/110	100/110
Hurdles	-	-	-	-	-	-	200	200	400	400
4x100	X	X	X	X	X	X	X	X	X	X
4x400	X	X	X	X	X	X	X	X	X	X
HJ	-	-	X	X	X	X	X	X	X	X
LJ	X	X	X	X	X	X	X	X	X	X
TJ	-	-	-	-	-	-	X	X	X	X
SP	6lb	6lb	6lb	6lb	6lb	6lb	6lb	4kg	4kg	12lb
Javelin/ Aero/ Mini Javelin	X	X	X	X	X	X	X	X	X	X
DT	-	-	-	-	1kg	1kg	1kg	1kg	1kg	1.6kg

X EVENT OFFERED IN AGE DIVISION
* STARTING HEIGHT IN HIGH JUMP SHOWN

SCHEDULE OF EVENTS

RUNNING EVENTS:

Saturday: June 26, 2021

9:00am

800M

80/100/110H

100M

200/400H

400M

4x100M Relay

200M

4x400M Relay

7 – 8

2014 – 2013

9 – 10

2012 – 2011

11 – 12

2010 – 2009

13 – 14

2008 – 2007

15 – 18

2006 – 2003

Athletes who are eighteen (18) years of age through the final day of the National Track & Field Championships shall be eligible to compete in the meet.

FIELD EVENTS:

Saturday: June 26, 2021

9:00am

Long Jump (7-8, 9-10, 11-12, 13-14, 15-18)

Triple Jump (13-14, 15-18)

Turbo Javelin (9-10, 7-8)

Aero Javelin (11-12)

Javelin (13-14, 15-18)

Shot Put (7-8, 9-10, 11-12, 13-14, 15-18)

Discus (11-12, 13-14, 15-18)

High Jump (9-10, 11-12, 13-14, 15-18)

In all field events, each competitor will be allowed three (3) attempts. **There will be no finals.**

In all field events, boys will follow girls.

**IN ALL FIELD EVENTS, EACH COMPETITOR WILL BE ALLOWED 3 ATTEMPTS.
THERE WILL BE NO FINALS.**